

## Julie Newman Kingery, Ph.D.

### Current Position:

Associate Professor  
Department of Psychology  
Hobart and William Smith Colleges  
Geneva, NY 14456

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## I. Occupational and Educational Experience

- 07/13 to present      **Associate Professor (with tenure), Department of Psychology  
Hobart and William Smith Colleges, Geneva, New York**
- 07/07 to 06/13      **Assistant Professor, Department of Psychology  
Hobart and William Smith Colleges, Geneva, New York**
- 07/05 to 06/07      **NIH Kirschstein-National Research Service Award (NRSA) Fellowship  
The Johns Hopkins University School of Medicine, Baltimore, Maryland**  
Served as co-investigator for National Institute of Mental Health (NIMH) funded study (R34) evaluating the effectiveness of school-based anxiety treatment for African American youth in Baltimore City elementary schools
- 08/06 to 12/06      **Affiliate Faculty Member, Department of Psychology  
Loyola College, Baltimore, Maryland**
- 09/03 to 06/05      **Postdoctoral Fellowship  
The Johns Hopkins University School of Medicine, Baltimore, Maryland**  
Project Coordinator and therapist for NIMH funded multi-site anxiety treatment study; therapist for several other NIMH funded treatment and prevention studies; received extensive training in cognitive-behavioral therapy and the assessment and treatment of internalizing disorders
- 07/02 to 06/03      **Predoctoral Internship  
The University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma**  
American Psychological Association (APA) accredited internship program that included both adult and child rotations; training included neuropsychological and developmental assessments, therapy (individual, group, family), school consultation, and specialized training in Parent-Child Interaction Therapy (PCIT)
- 09/97 to 08/03      **Ph.D., University of Maine, Department of Psychology, Orono, Maine  
Developmental/Clinical Track, APA-accredited program**  
Coursework/related experience in adult/child clinical and developmental psychology  
Dissertation Title: *Exploring Early Adolescents' Adjustment across the Middle School Transition: The Role of Peer Experiences and Social-Cognitive Factors*
- 09/93 to 05/97      **B.A. in Psychology, University of Richmond, Richmond, Virginia**  
Magna cum laude with departmental honors, Phi Beta Kappa national honorary  
Minors in Music and German

## II. Professional Licensure

Licensed psychologist in New York from 08/10 to present, license #: 018716-1

Licensed psychologist in Maryland from 02/06 to 2/08, license #: 04218 (license currently inactive)

## III. Grants and Awards

**HWS Katherine Elliott Innovative Teaching Grant** (Summer, 2018; amount: \$4,418.72), for funding to attend the Contemplative Practices in Higher Education workshop at the Omega Institute in Rheinbeck, New York with members of the HWS Faculty Mindfulness Cohort.

**HWS Center for Teaching and Learning Innovative Teaching Grant** (Fall, 2016; amount: \$1,500), for projects designed to creatively transform classroom practice. Met monthly with other grantees to discuss progress and receive feedback. Funds used for training and supplies to implement a mindfulness component into Psy370 (Topics in Developmental Psychology) during the Spring of 2017.

**HWS Provost Office Faculty Research Grant** (2011-2012 academic year; amount: \$1,000), for expenses related to research projects examining friendship among college students and the core elements of treatment programs for anxiety and depression among youth.

**HWS Provost Office Funding for a Research Assistant** (Fall 2010; amount: \$500), for a paid research assistant during the 2010-2011 academic year to assist with research on friendship among college students, and with the preparation of conference presentations and manuscripts for several other projects.

**HWS Civically Engaged Faculty Member Award** (May 2009), for exemplary engaged scholarship, including leadership in advancing students' civic learning, conducting community-based research, fostering reciprocal community partnerships, and building institutional commitments to service-learning and civic engagement.

**HWS Center for Teaching and Learning Innovative Teaching Grant** (January to May, 2009; amount: \$1,500), for projects designed to creatively transform classroom practice. Met monthly with other grantees to discuss progress and receive feedback. Funds used for Child Psychology class trip to Strong National Museum of Play and related supplies.

**HWS Faculty Representative for Technos International Week Trip to Japan** (June, 2008), hosted by Technos College and funded by the Tanaka Ikueki International Trust.

**Co-Investigator for NIMH R34 Grant** (12/01/06-06/30/07), School-Based CBT for Anxious African American Children. Principal Investigator: Golda S. Ginsburg, Ph.D. (full grant from 12/01/06-11/30/09, \$150,000/year).

**Recipient, National Institutes of Health Pediatric Research Loan Repayment Program** (2005-2007, \$11,000/year for 2 years).

## IV. Teaching Experience

2007 to present      **Introduction to Psychology (Psy100), Hobart and William Smith Colleges**  
Full teaching responsibilities (35-50 students each semester).

- 2007 to present      **Research in Developmental Psychology (Psy321), Hobart and William Smith Colleges**  
Course includes a seminar and weekly lab component. Lab activities include analyzing previously collected data on children's friendships and completing behavioral observations of children's play at a local preschool (approximately 12-15 students each semester).
- 2007 to present      **Child Psychology (Psy203), Hobart and William Smith Colleges**  
Course includes a class trip to the Strong National Museum of Play, supported by the HWS Psychology Department and a Faculty Teaching Grant from the HWS Center for Teaching and Learning (approximately 30 students each semester).
- 2007 to present      **Topics in Developmental Psychology (Psy370), Hobart and William Smith Colleges**  
This course focuses on developmental psychopathology, a theoretical perspective emphasizing risk factors for psychological disorders, and protective factors that place youth on more adaptive developmental pathways (approximately 15 students each semester).
- 2007 to present      **Adolescent Psychology (Psy205), Hobart and William Smith Colleges**  
Course includes service-learning activities such as assisting with a game night at the local middle school (approximately 30 students each semester).
- Fall '06              **Research Methods in Psychology, Loyola College, Baltimore, Maryland**  
Full teaching responsibilities for this master's level course (30 students).
- Spring '02, Fall '00      **Psychology of Adolescence, University of Maine, Orono, Maine**  
Full teaching responsibilities (30 students in Spring 2002; 50 students in Fall 2000).

## V. Publications

From 1996-2003, name on publications was Julie E. Newman; from 2004 to present, name is listed as Julie Newman Kingery.  
*\*denotes student collaborator.*

**Kingery, J.N., \*Lathrop, J.A., & Bodenlos, J.** (in press). Facets of dispositional mindfulness and domains of social support predicting psychological adjustment among college students. *Journal of American College Health*.

**Kingery, J.N., \*Gaskell, M.E., \*Toner, S.R., \*Rice, S.E., \*Gray, M.L., \*Milligan, J.A., & \*Milmoie, M.H.** (2018). Active learning in a child psychology course: Observing play behavior at a children's museum. *Psychology Learning and Teaching, 17*, 209-218.

Suveg, C., **Kingery, J.N.**, Davis, M., Jones, A. Whitehead, M., & Jacob, M (2017). Still lonely: Social adjustment of youth with and without social phobia following cognitive behavioral therapy. *Journal of Anxiety Disorders, 52*, 72-78.

**Kingery, J.N.** (2017, August 9). Mindfulness as an active learning strategy: Building students' resilience and coping skills [Blog post]. Retrieved from <https://nobaproject.com/blog/2017-08-09-mindfulness-as-an-active-learning-strategy-building-students-resilience-and-coping-skills>

Nangle, D.W., Hansen, D.J., Grover, R.L., **Kingery, J.N.**, & Suveg, C. (2016). Treating internalizing disorders in children and adolescents: Core techniques and strategies. New York, NY: The Guilford Press.

**Kingery, J.N.**, Grover, R.L., Hansen, D.J., Nangle, D.W., Suveg, C., & Mychailyszyn, M.P. (2015). Developmentally sensitive implementation of core elements of evidence-based treatments: Practical strategies for youth with internalizing disorders. *the Behavior Therapist, 38*, 116-122.

Suveg, C., Jacob, M., Karsai, M., Jones, A., & **Kingery, J.N.** (2014). A model-based cluster analysis of social experiences in clinically anxious youth: Links to emotional functioning. *Anxiety, Stress, & Coping: An International Journal*. Advance online publication. doi: 10.1080/10615806.2014.890712

**Kingery, J.N., \*Peneston, K.R., \*Rice, S.E., & \*Wormuth, B.M.** (2012). Parental anxious expectations and child anxiety predicting homesickness during overnight summer camp. *Journal of Outdoor Recreation, Education, and Leadership*, 4, 172-184.

**Kingery, J.N., \*Peneston, K.R., \*Wormuth, B.M., & \*Rice, S.E.** (2012). A closer look at parents' worries and children's anxiety as risk factors for homesickness: Practical strategies for camp staff and families. *Camping Magazine*, 85, 46-51.

**Kingery, J.N., Erdley, C.A., & \*Marshall, K.C.** (2011). Peer acceptance and friendship as predictors of early adolescents' adjustment across the middle school transition. *Merrill-Palmer Quarterly*, 57, 215-243.

**Kingery, J.N., & \*Gray, M.L.** (2011). Active learning in a child psychology course: Understanding play by visiting a children's museum. *Proceedings of the Lilly Conference on College and University Teaching, Bethesda*, 30-32. Retrieved from [http://lillyconferences.com/dc/download/Lilly\\_Proceedings\\_Bethesda\\_2010.pdf](http://lillyconferences.com/dc/download/Lilly_Proceedings_Bethesda_2010.pdf)

**Kingery, J.N., & \*Reuter, T.R.** (2011). Intimate friend. In S. Goldstein, & J.A. Naglieri (Eds.), *Encyclopedia of Child Behavior and Development* (pp. 835-837). New York: Springer-Verlag.

**Kingery, J.N., Erdley, C.A., \*Marshall, K.C., \*Whitaker, K.G., & \*Reuter, T.R.** (2010) Peer experiences of anxious and socially withdrawn youth: An integrative review of the developmental and clinical literature. *Clinical Child and Family Psychology Review*, 13, 91-128.

Grados, M.A., Ginsburg, G.S., Drake, K.L., & **Kingery, J.N.** (2009) In reply (letter to the editor). *Journal of the American Academy of Child and Adolescent Psychiatry*, 48, 573-574.

**Kingery, J.N., Kepley, H.O., Ginsburg, G.S., Walkup, J.T., Silva, S.G., Hoyle, R.H., Reinecke, M.A., & March, J.S.** (2009). Factor structure and psychometric properties of the children's negative cognitive error questionnaire with a clinically depressed adolescent sample. *Journal of Clinical Child and Adolescent Psychology*, 38, 768-780.

Ginsburg, G.S., Silva S., Jacobs, R.H., Tonev, S., Hoyle, R.H., **Kingery, J.N.**, & Reinecke, M.A. (2009). Cognitive measures of adolescent depression: Unique or unitary constructs? *Journal of Clinical Child and Adolescent Psychology*, 38, 790-802.

**Kingery, J.N., Ginsburg, G.S., & Burstein, M.** (2009). Factor structure and psychometric properties of the multidimensional anxiety scale for children (MASC) in an African American adolescent sample. *Child Psychiatry and Human Development*, 40, 287-300.

Ginsburg, G.S., **Kingery, J.N.**, Drake, K.L., & Grados, M.A. (2008). Predictors of treatment response in pediatric obsessive-compulsive disorder. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47, 868-878.

Ginsburg, G.S., Becker, K., **Kingery, J.N.**, & Nichols, T. (2008). Transporting CBT for childhood anxiety disorders into inner city school-based mental health clinics. *Cognitive and Behavioral Practice*, 15, 148-158.

Ginsburg, G.S., & **Kingery, J.N.** (2007). Evidence based practice for childhood anxiety disorders. *Journal of Contemporary Psychotherapy*, 37, 123-132.

**Kingery, J.N., Ginsburg, G.S., & Alfano, C.A.** (2007). Somatic symptoms and anxiety among African American adolescents. *Journal of Black Psychology*, 33, 363-378.

Alfano, C.A., Ginsburg, G.S., & **Kingery, J.N.** (2007). Sleep-related problems among children and adolescents with anxiety disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*, *46*, 224-232.

Ginsburg, G.S., & **Kingery, J.N.** (2007). Management of familial issues in persons with Tourette syndrome. In Woods, D.W., Piacentini, J.C., & Walkup, J.T. (Eds.), (pp. 225-241). New York: Guilford Press.

**Kingery, J.N.**, & Erdley, C.A. (2007). Peer experiences as predictors of adjustment across the middle school transition. *Education and Treatment of Children*, *30*, 73-88.

Grover, R.L., Hughes, A.A., Bergman, L., & **Kingery, J.N.** (2006). Treatment modifications based on childhood anxiety diagnosis: Demonstrating the flexibility in manualized treatment. *Journal of Cognitive Psychotherapy: An International Quarterly*, *20*, 275-286.

Kendall, P.C., Suveg, C., & **Kingery, J.N.** (Eds.). (2006). Introduction to special series: Facilitating the dissemination and application of cognitive behavioral therapy for anxiety in youth. *Journal of Cognitive Psychotherapy: An International Quarterly*, *20*, 243-245.

**Kingery, J.N.**, Roblek, T., Suveg, C., Grover, R.L., Sherrill, J., & Bergman, L. (2006). They're not just "little adults": Developmental considerations for implementing cognitive behavioral therapy with anxious youth. *Journal of Cognitive Psychotherapy: An International Quarterly*, *20*, 263-273.

Palapattu, A.G., **Kingery, J.N.**, Ginsburg, G.S. (2006). Gender role orientation and anxiety symptoms among African American adolescents. *Journal of Abnormal Child Psychology*, *34*, 441-449.

**Kingery, J.N.**, & Walkup, J.T. (2005). Anxiety disorders in children. In H.S. Singer, E.H. Kossoff, A.L. Hartman, & T.O. Crawford (Eds.), *Treatment of Pediatric Neurologic Disorders* (pp. 501-506). New York: Taylor & Francis Group.

Palapattu, A., **Kingery, J.N.**, & Ginsburg, G.S. (2005). Gender role orientation and anxiety symptoms among African American adolescents [Abstract]. *Depression and Anxiety*, *22*, 223-224.

Nangle, D.W., Erdley, C.A., **Newman, J.E.**, Mason, C.A., & Carpenter, E.M. (2003). Popularity, friendship quantity, and friendship quality: Interactive influences on children's psychological adjustment. *Journal of Clinical Child and Adolescent Psychology*, *32*, 546-555.

Culbertson, J.L., **Newman, J.E.**, & Willis, D.J. (2003). Childhood and adolescent psychological development. *Pediatric Clinics of North America*, *50*, 741-764.

Nangle, D.W., Erdley, C.A., Carpenter, E.M., & **Newman, J.E.** (2002). Social-skills training as a treatment for aggressive children and adolescents: A developmental-clinical integration. *Aggression and Violent Behavior: A Review Journal*, *7*, 169-199.

Erdley, C.A., Nangle, D.W., **Newman, J.E.**, & Carpenter, E.M. (2001). Children's friendship experiences and psychological adjustment: Theory and research. In D.W. Nangle & C.A. Erdley (Eds.), *New directions for child and adolescent development: The role of friendship in psychological adjustment* (pp. 5-23). San Francisco: Jossey-Bass.

Newcomb, A.F., Berkebile, N.M., **Newman, J.E.**, & Parker, S.W. (1998). Student projects embracing new computer technologies: Opportunities for student scholarship on the world wide web. *Teaching of Psychology*, *25*, 52-58.

## Under Review

**Kingery, J.N., \*Lathrop, J., \*Liu, M., & \*Burstein, S.M.** (under review, revise/resubmit status). Mindfulness practices in a developmental psychology seminar: Student outcomes, practical strategies, and future directions. *Scholarship of Teaching and Learning*.

## In Preparation

Erdley, C.A. & Kingery, J.N. (in preparation). Developing social skills. Chapter to appear in *Social Skills and Adjustment: Theory, Assessment, and Intervention*. Douglas W. Nangle, Cynthia A. Erdley, and Rebecca Schwartz-Mette, Eds. Under contract with Elsevier Publishing.

## VI. Conference Presentations

**Kingery, J.N., \*Lathrop, J.A., & Bodenlos, J.** (2018, April). Facets of dispositional mindfulness and domains of social support predicting psychological adjustment among college students. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

**Kingery, J.N., & \*Milmoie, M.** (2018, April). Academic self-concept, school involvement, and attendance predicting academic achievement across the middle school transition. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

**Kingery, J.N., \*Burstein, S., & \*Lathrop, J.** (2017, June). Integrating mindfulness into the college classroom: Efficacy and practical strategies. Paper presented at the annual Lilly Conference on College and University Teaching, Bethesda, MD.

**Kingery, J.N., \*Janik, E.C., Erdley, C.A., \*Schara, K.I., & \*Yochim, K.M.** (2016, April). Specific domains of self-esteem as predictors of psychological, social, and academic adjustment across the middle school transition. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

Jones, A., Suveg, C., Jacob, M., Karsai, M., & **Kingery, J.N.** (2014, November). A model-based cluster analysis of social experiences in clinically anxious youth: Links to emotional functioning. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Nangle, D.W., Hansen, D.J., Grover, R.L., **Kingery, J.N., & Suveg, C.** (2012, November). *Core elements of evidence-based treatments for internalizing disorders in children and adolescents*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Baltimore, MD.

**Kingery, J.N., \*Wormuth, B.M., \*Gray, M.L., \*Peneston, K.R., \*Reuter, T.R., & Erdley, C.A.** (2012, March). *Offline and online friendship experiences among college students: Associations with psychological and academic adjustment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, Canada.

**Kingery, J.N.** (2011, June). *Active learning in a child psychology course: Understanding play by visiting a children's museum*. Paper presented at the annual Lilly Conference on College and University Teaching, Bethesda, MD.

**Kingery, J.N., \*Gaskell, M.E., \*Allen, S.R., \*Rice, S.E., \*Gray, M.L., & \*Milligan, J.A.** (2011, April). *Active learning in a child psychology course: Observing play behavior at a children's museum*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Canada.

**Kingery, J.N., \*Marshall, K.C., \*Wells, S.Y., \*Connell, A.E.,** Flowers, K., Gerling, J., Dinan, A., & McCarthy, N. (2011, April). *The role of the home literacy environment in predicting kindergarteners' literacy skills: A community-based research collaboration*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Canada.

**Kingery, J.N., \*Peneston, K.R., \*Rice, S.E., \*Georgitseys, N.A., \*Lubeck, S.J., & \*Whitaker, K.G.** (2011, April). *Parental anxious expectations and child anxiety symptoms as risk factors for homesickness during overnight summer camp*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Canada.

**\*Reuter, T.R., Kingery, J.N., \*Whitaker, K.G., & \*Peneston K.R.** (2010, March). *Quantity and closeness of Facebook friendships: Associations with college students' social, emotional, and academic adjustment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA.

**Kingery, J.N., \*Marshall, K.C., & Erdley, C.A.** (2009, April). *The relation of pre-transition adolescent loneliness to psychosocial and academic functioning at the beginning of middle school*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

**\*Marshall, K.C., Kingery, J.N., & Erdley, C.A.** (2009, April). *The impact of number of feeder elementary schools on adolescents' psychosocial and academic adjustment to middle school*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Holleb, L., Erdley, C.A., & **Kingery, J.N.** (2008, March). *The association of relational and overt victimization to social anxiety: The importance of adolescents' peer experiences*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL

Ginsburg, G.S., Copeland, B., Harmon, H., **Kingery, J.N.**, Langley, A., McKnight, K., & Suveg, C. (2007, November). *Child/Adolescent Anxiety Multimodal Study (CAMS) cognitive behavioral therapy and quality assurance procedures*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Ginsburg, G.S., & **Kingery, J.N.** (2007, May/June). *Preventing anxiety disorders in children: A family-based approach*. Paper presented at the annual meeting of the Society for Prevention Research, Washington D.C.

**Kingery, J.N.,** Ginsburg, G.S., **\*Faulhaber, A., \*Akkerman, H.D., & Nichols, T.M.** (2007, May/June). *Impact of parental anxiety on child psychological, social, and academic functioning*. Poster presented at the annual meeting of the Society for Prevention Research, Washington D.C.

**Kingery, J.N., & Erdley, C.A.** (2007, March). *The influence of social goals on psychosocial and academic adjustment across the transition to middle school*. Paper presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

**Kingery, J.N., & Erdley, C.A.** (2007, March). *Peer acceptance and friendship experiences predicting emotional and academic adjustment across the middle school transition*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

**Kingery, J.N.**, Kepley, H.O., Ginsburg, G.S., et al. (2006, November). *The factor structure and psychometric properties of the children's negative cognitive error questionnaire with a sample of depressed adolescents*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Alfano, C.A., Ginsburg, G.S., & **Kingery, J.N.** (2006, October). *Sleep-related problems among children and adolescents with anxiety disorders*. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, CA.

Ginsburg, G.S., & **Kingery, J.N.** (2006, August). *School-based CBT for anxious African American adolescents*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Ginsburg, G.S., Alfano, C.A., & **Kingery, J.N.** (2006, March). *Sleep behaviors among anxious Children: Associations with anxiety severity and anxious symptomatology*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.

**Kingery, J.N.**, Ginsburg, G.S., Alfano, C.A., & **\*QuDsi, S.** (2006, March). *Somatic symptoms as risk factors for anxiety in African American adolescents*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.

**Kingery, J.N.**, Grover, R.L., & Ginsburg, G.S. (2005, November). *A comparison of qualitative aspects of friendship in high anxious and low anxious youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

**Kingery, J.N.**, & Erdley, C.A. (2005, April). *Qualitative aspects of friendship as predictors of psychological and academic adjustment across the middle school transition*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

Palapattu, A.G., **Kingery, J.N.**, Ginsburg, G.S. (2005, March). *Gender role orientation and anxiety symptoms among African American adolescents*. Poster presented at the annual meeting of the Anxiety Disorders Association of American in Seattle, WA.

**Newman, J.E.**, Erdley, C.A., Matthews, J.M. (2004, March). *Early adolescents' friendship experiences as predictors of academic adjustment across the middle school transition*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

**Newman, J.E.**, & Erdley, C.A. (2004, March). *Early adolescents' self-esteem as a predictor of psychological and academic adjustment across the middle school transition*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

**Newman, J.E.**, & Erdley, C.A. (2003, April). *Early adolescents' social goals as predictors of friendship quality and adjustment across the middle school transition*. Poster presented at the biennial meeting of the Society for Research in Child Development, Tampa, FL.

Nangle, D.W., Erdley, C.A., **Newman, J.E.**, Carpenter, E.M., & Mason, C.A. (2002, November). *Children's friendship experiences and psychological adjustment: Investigating paths of influence*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

**Newman, J.E.**, Erdley, C.A., & Matthews, J.M. (2001, November). *Friendship experiences as predictors of loneliness and depression across the middle school transition*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**Newman, J.E.**, Erdley, C.A., & Matthews, J.M. (2001, November). *Social-cognitive variables as predictors of loneliness and depression across the middle school transition*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**Newman, J.E.**, Erdley, C.A., & Matthews, J.M. (2001, April). *Understanding the middle school transition: Children's friendship experiences as predictors of loneliness and school involvement*. Poster presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

**Newman, J.E.**, Erdley, C.A., & Matthews, J.M. (2001, April). *Children's social goals as predictors of social competence, loneliness, and school attitudes across the middle school transition*. Poster presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

**Newman, J.E.**, Erdley, C.A., & Matthews, J.M. (2000, November). *A closer look at the transition to middle school: Children's friendship experiences and social-cognitive factors as predictors of loneliness*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Erdley, C.A., **Newman, J.E.**, Nangle, D.W., & Carpenter, E.M. (2000, April). *Quality versus quantity: The impact of children's friendships on loneliness and depression*. Paper presented at the annual meeting of the American Educational Research Association, New Orleans, LA.

Nangle, D.W., Erdley, C.A., **Newman, J.E.**, Carpenter, E.M., & Gold, J.A. (1999, November). *Children's friendship experiences as buffers to loneliness and depression*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

Erdley, C.A., Nangle, D.W., Carpenter, E.M., **Newman, J.E.**, & Grover, R.L. (1999, April). *Children's friendship experiences as buffers to loneliness and depression*. Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, NM.

Nangle, D.W., Erdley, C.A., Carpenter, E.M., **Newman, J.E.**, & Grover, R.L. (1998, November). *The protective value of children's friendship experiences: Acceptance, friendship, and friendship quality as predictors of loneliness and depression*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D.C.

Newcomb, A.F., Berkebile, N.M., **Newman, J.E.**, & Parker, S.W. (1996, July). *Student projects embracing new computer technologies: Opportunities for student initiated pedagogical innovation*. Paper presented at the meeting of the American Psychological Society, San Francisco, CA.

## **VII. Other Presentations and Workshops**

*\*denotes student collaborator.*

01/19 **Mindfulness in the College Classroom: Benefits and Practical Strategies.** Faculty lunch talk presented at Hobart and William Smith Colleges, Geneva, NY.

03/18 **Mindfulness in the Workplace.** Workshop presented to staff in the HWS Alumni and Alumnae Relations Office.

09/17 **Introduction to Mindfulness.** Talk presented to HWS students at the Mindfulness theme house.

10/16 **Mindfulness in the Preschool Classroom.** Workshop presented to staff at the Jim Dooley Center for Early Learning, Geneva, NY.

- 09/13 **Offline and Online Friendship Experiences among College Students: Associations with Psychological and Academic Adjustment.** Talk presented for HWS Counseling Center's "Food for Thought" outreach series.
- 06/13 **Overcoming our Community's Play Deficit.** Panel discussion presented at the Annual Leadership Breakfast for Success for Geneva's Children in Geneva, NY.
- 05/13 **The Effectiveness of Project Promise on the Parenting Skills and Hopelessness of Adolescent Mothers.** Poster presentation at the HWS Engaged Scholarship Forum for Community-Based Research with *\*Kelly Gagnon and \*Shana Allen.*
- 10/12 **Emergent Literacy for Infants and Toddlers: Practical Strategies.** Workshop co-presented (with Jane Gerling) for teachers at Geneva General Child Care Center in Geneva, NY.
- 10/11 **Offline and Online Friendship Experiences among College Students: Associations with Psychological and Academic Adjustment.** Poster presented during a research symposium for the HWS Board of Trustees and during a research symposium for HWS Family Weekend with *\*Bernadette Wormuth.*
- 04/11 **Red Flags for Childhood Anxiety: Common Symptoms and Effective Strategies for Helping Anxious Children and Their Families.** Talk presented for School Psychology faculty and graduate students at Lehigh University in Bethlehem, PA.
- 12/09 **The Role of Parent Expectations and Child Anxiety as Predictors of Homesickness during Summer Camp.** Poster presented at the HWS Engaged Scholarship Forum for Community-Based Research with *\*Kelly Peneston, \*Nicholas Georgitseys, \*Sarah Lubeck, and \*Kyle Whitaker.*
- 12/09 **The Relationship Between the Home Literacy Environment and Literacy Skills of Incoming Kindergarteners in Geneva Elementary Schools during Fall 2009.** Poster presented at the HWS Engaged Scholarship Forum for Community-Based Research with *\*Stephanie Wells and \*Alexandra Connell.*
- 10/09 **Factors Influencing Homesickness at Overnight Summer Camp.** Presentation for spouses of the HWS Board of Trustees with *\*Kelly Peneston and \*Kyle Whitaker.*
- 04/09 **America Reads Efficacy Study.** Poster presented at the HWS Engaged Scholarship Forum for Community-Based Research with *\*Stephanie Wells.*
- 04/09 **Settlements, Buffers, Play, Engrams, and Fat Birds: Adventures in Teaching through Experiential Learning.** Co-presented at the HWS Friday Faculty Lunch with spring 2009 Center for Teaching and Learning Faculty Grant Group.
- 02/09, 03/09 **Kindergarten Literacy Initiative Project.** Presentations given at the Geneva City Council meeting and the Success for Geneva's Children general membership meeting with *\*Katherine Marshall.*
- 01/09 **The 2008 Technos Trip to Japan: Observations of Children in a Collectivist Culture.** Presented at HWS Friday Faculty Lunch.
- 12/08 **The Relationship Between Home Literacy Environment and Literacy Skills of Incoming Kindergarteners in Geneva Elementary Schools during Fall 2008.** Poster presentation at the HWS Engaged Scholarship Forum for Community-Based Research with *\*Katherine Marshall.*

- 10/08 **Understanding College Students from a Developmental Perspective: Implications for Teaching and Learning.** Co-presented (with Jeff VanLone) for HWS Center for Teaching and Learning “Passion Into Practice” workshop.
- 06/08 **The Role of Peers and Sports in Children’s Development.** Presentation for early childhood education students at Technos College in Tokyo, Japan.
- 02/08 **Understanding the Wild and Wonderful World of Preschoolers.** Led two-hour workshop for undergraduate students in the HWS Jumpstart Program.
- 03/06 **Understanding anxiety disorders in children.** Co-led full day seminar (with Golda Ginsburg, Ph.D.) for educators affiliated with Partnership for Jewish Life and Learning in Potomac, MD.

### **VIII. Service to the Psychology Department**

- |                        |   |
|------------------------|---|
| Spring 2019 to present | Member of HWS Grievance Committee   |
| Spring 2019            | Search committee for tenure-track position in Personality Psychology                                  |
| Fall 2017              | Review II Committee Chair (for Daniel Graham, Ph.D.)<br>Review II Committee (for Emily Fisher, Ph.D.) |
| Fall 2016              | Review II Committee Chair (for Brien Ashdown, Ph.D.)  |
| 2015-2018              | Psychology Department Chair   |
| Fall 2014              | Review II Committee (for Jamie Bodenlos, Ph.D.)   |
| Spring 2014            | Review I Committee (for Brien Ashdown, Ph.D.)   |
| 2013-2014              | Search committee chair for tenure track position in Personality Psychology                            |
| Fall 2012              | Search committee chair for one-year position in Clinical Psychology                                   |
| Summer 2012            | Learning outcome assessment committee for Psychology  |
| Spring 2012            | Co-led graduate school information session for Psychology majors                                      |
| 2011-2012              | Search committee for tenure-track position in Sensation and Perception                                |
| 2011-2012              | Search committee for tenure-track position in Social Psychology                                       |
| Spring 2011            | Review I Committee (for Portia Dyrenforth, Ph.D.)   |
| 2010-2011 & 2009-2010  | Search committee for tenure-track position in Cross-Cultural Psychology                               |
| Spring 2010            | Search committee for two temporary faculty positions in Psychology                                    |
| 2009-2010              | Faculty liaison for Psychology Teaching Fellow Program  |
| 2008-2009              | Search committee for tenure-track position in Clinical Psychology                                     |

2007-2009 Co-advisor of the Psychology Society  
Fall 2008 Review II Committee (for Uta Wolfe, Ph.D.)  
2007-2008 Search committee for tenure-track position in Personality Psychology

### **IX. Service to the Colleges' Community: Ongoing Activities**

September 2011 to present Board Member for Discovery's Playground, an afterschool program for elementary school students sponsored by HWS  
April 2009 to July 2013 Member of the Geneva City School District Leadership & HWS Working Group, organized by The HWS President's Office  
January 2008 to present Member of the coordinating committee for the Child Advocacy (CA) minor  
January 2008 to present Member of the Center for Community Engagement & Service Learning (CCESL) Advisory Board

### **X. Editorial Experience**

Editorial Board, 2016-present Journal of Youth and Adolescence  
Ad hoc Reviewer, 2010-present Child Psychiatry and Human Development  
Clinical Child and Family Psychology Review  
Developmental Disabilities  
Journal of Anxiety Disorders  
Journal of Applied Developmental Psychology  
Journal of Research on Adolescence  
Parenting: Science and Practice  
Scholarship of Teaching and Learning  
Society for Research in Child Development April 2011 conference:  
Developmental Psychopathology review panel  
Reviewer, 2009 Education and Treatment of Children  
American Journal of Play  
Reviewer, 2008 Society for Research in Child Development April 2009 conference:  
Developmental Psychopathology review panel  
Reviewer, 2008 D. W. Nangle, D. J. Hansen, C. A. Erdley, & P. J. Norton (Eds.)  
Practitioner's guide to empirically based measures of social skills.  
New York: Springer  
Guest Reviewer, 2007 Journal of the American Academy of Child & Adolescent Psychiatry  
Guest Co-Editor, 2006 Journal of Cognitive Psychotherapy: An International Journal, Special issue  
on cognitive-behavioral therapy for anxious youth with P.C. Kendall and  
C. Suveg

**XI. Professional Affiliations**

Society for Research in Child Development

Society for Research on Adolescence

American Psychological Association